

# College Preparation and Planning Activities for Middle School Students and their Foster Parents/Caregivers

## Career & Personal Development

- Explore academic and career interests.
- Create a personal achievement portfolio.
- Go to community and cultural events.
- Take an interest inventory.

## Academic Preparation

- Pay attention to your GPA.
- Sign-up for algebra and computer classes, and take honors classes when possible.
- Learn good study habits.
- Learn how to manage your time wisely.
- Explore high school class and activity options.

## Tutoring

- Participate in tutoring services.
- Join a "homework club".

## Mentor Relationships

- Join a mentoring program.

## College Planning Activities

- Learn about different types of colleges and what they offer (vocational, two-year, four-year, etc.).
- Adopt a college by following their sports teams, getting a t-shirt or pennant, and researching their programs.
- Visit a college campus.
- Use the Internet to get more information about college (College Edge, Think College Early, etc.).
- Complete your high school course plan.

## Parent/Caregiver Involvement

- Go to college planning workshops and information sessions.
- Meet with your student's school counselor.
- Learn about different types of colleges.
- Visit college campuses.
- Lead or organize a parent activity at your student's school.
- Learn about the money available to pay for college.
- Create a quiet study area at home for your student.