

College Preparation and Readiness Activities for 10th Grade Students and their Foster Parents/Caregivers

Career & Personal Development

- Explore academic and career interests.
- Create a personal achievement portfolio.
- Go to community and cultural events.
- Take an interest inventory, even if you've already taken one. Your interests can change over time.
- Take part in after school activities and clubs.
- Sign up for the Independent Living Skills program to help with skill building.
- Sign up for a mentor through the Foster Care to College Mentor Program.

Academic Preparation

- Pay attention to your GPA. Try to keep it above a 2.0.
- Keep your options open by taking the most challenging classes you can.
- Ask your school counselor about Honors, AP, IB, Running Start, and Tech Prep classes.
- Learn how to manage your time wisely.
- Prepare for the WASL test.
- Prepare for the PSAT, ACT, and/or SAT.

Tutoring

- Participate in tutoring services if you need extra help with some subjects.
- Join a "homework club".

College Planning Activities

- Go to a college of financial aid night at your school.
- Visit a college campus.
- Use the Internet to get more information about college (www.collegeboard.com, www.petersons.com)
- Research college majors that interest you.
- Research colleges. Check libraries, counseling offices, and Web sites.
- Continue to focus on learning. Colleges will see your grades.

Parent/Caregiver Involvement

- Go to college planning workshops and information sessions.
- Meet with your foster child's school counselor.
- Visit college campuses.
- Lead or organize a parent activity for your student's school.
- Learn about the money available to pay for college.